



**KENT COUNTY HEALTH DEPARTMENT  
ACADEMIC HEALTH DEPARTMENT  
PROJECT DESCRIPTION**

**PROJECT NAME:** Employee Wellness Committee and Employee Interest Survey Support  
**SEMESTER:** Spring/Summer 2019  
**PRECEPTOR:** Teresa Branson and Dawn Davies

**DESCRIPTION:** The Kent County Employee Wellness Committee is looking for an intern who is interested in assisting the wellness committee in planning, developing, and implementing wellness events/activities to all Kent County employees. The intern will help develop and implement the operational plan, produce/design wellness articles, promotional fliers, and assist in planning events/initiatives.

**IMPORTANCE TO PUBLIC HEALTH:** The Health Happens Here (HHH) Employee Wellness program is an employee driven program designed to support healthy behaviors within the workplace and encourage work-life balance among its employees. The mission of the employee wellness committee is to promote and support a culture of health that encourages employee wellbeing.

**APPLICABLE ESSENTIAL PUBLIC HEALTH SERVICES:**

- Inform, educate, and empower
- Develop policies and plans
- Link people to health services
- Evaluate effectiveness
- Research for new insights

**PROJECT DELIVERABLES:** Student Research Day presentation, fliers, and other materials created for the employee wellness committee.

**MINIMUM QUALIFICATIONS:** Students applying for this internship must be enrolled in a bachelor's or master's degree program. Computer proficiency required.

**SKILLS:** The student selected for this internship opportunity should expect to develop public health skills and competencies in the following categories:

**PLANNING/ORGANIZATION/COMMUNICATION**

- Generate ideas
- Speak effectively to individuals
- Initiate projects
- Speak effectively to groups
- Identify problems and needs
- Persuade, convince, promote, sell
- Schedule/coordinate operations
- Define, explain, interpret
- Summarize/write clearly and concisely
- Use media to present ideas creatively

**DETAIL/FOLLOW THROUGH**

- Follow through on plans
- Handle many tasks at once

- Get projects done on time
- Detail oriented
- Be orderly/organized

INTERPERSONAL

- Listen/understand feelings of others
- Work well on a team

LEADERSHIP/MANAGEMENT

- Take initiative
- Work without supervision
- Make decisions
- Organize others to achieve a goal

RESEARCH/ INVESTIGATION/ TECHNICAL

- Survey, interview, gather information
- Organize information
- Analyze information