

COVID-19 Guidelines for Staff Exposures and Symptoms

	Staff Member Presentation	Should staff member work? If not, when should staff member return to work?
EXPOSURE Related Guidelines	<p>Staff Member has known COVID-19 exposure.</p> <p><i>Exposure is defined as proximity to an infected person for >15 minutes and within 6 ft when one or more people are without a face mask.</i></p>	<p>Staff member should stay home and monitor for symptoms for 14 days from last time of possible exposure. Staff member can work from home if they are able to do so.</p> <p>They should call their doctor if they develop any of the following symptoms:</p> <ul style="list-style-type: none"> • Cough • Shortness of breath • Fever • Chills • Repeated shaking with chills • Muscle pain • Headache • Sore throat • New loss of taste or smell
SYMPTOM Related Guidelines, with No Known Exposure	<p>Staff member has any of the following:</p> <ul style="list-style-type: none"> • Cough • Shortness of breath • Fever • Chills • Repeated shaking with chills • Muscle pain • Headache • Sore throat • New loss of taste or smell 	<p>Staff members should stay at home, contact their primary care provider, and consider seeking testing.</p> <p>If the test is positive, follow guidance below.</p> <p>If the test is negative, the staff member should remain home until fever free for at least 72 hours and other symptoms are improving.</p>
	<ul style="list-style-type: none"> • Staff member has a confirmed diagnosis of COVID-19. 	<p>Staff member should stay at home in isolation.</p> <p>Staff member can return to work after <i>at least</i> 72 hours of no fever without the use of fever-reducing medications (i.e. Tylenol®, Motrin®, etc) AND symptoms have significantly improved, AND 10 days have passed since the onset of symptoms with approval from their local public health department.</p>