

To serve, protect, and promote a healthy community for all.



HEALTH DEPARTMENT  
Caring today for a healthy tomorrow

## COMMUNITY BULLETIN BITS

WWW.ACCESSKENT.COM/HEALTH/CORONAVIRUS  
NOVEMBER 1, 2020

### SPREAD HOPE NOT COVID

#### Michiganders Unite on Common Mission to Safely Reopen Our State

All Michiganders share the same goal: we want to safely reopen Michigan. No matter how we have been individually affected by COVID-19, we all want to get Michigan back to work, our economy fully reopened, and the joys of life the virus took from us returned. To safely reopen and stay open, Michiganders must unite on a common mission to contain the virus – by taking three simple actions to reduce the spread and protect each other from getting sick or worse. Michigan launched a new public education campaign called "Spread Hope, Not COVID". which has as its goal to unite Michiganders to [take three simple actions](#) to help contain the spread of the virus.



Click the image to view a video on the campaign.

#### 1. Wear a mask or face covering over your mouth and nose to reduce the spread.

While masks alone may not always prevent the spread of the disease, scientists, doctors and health experts agree that cloth masks and face coverings can help reduce the spread of COVID-19 by about 70%. Michiganders are required to wear a face covering whenever you are in indoor public spaces and crowded outdoor spaces where you may be in close contact with people outside of your household or people you know but have not been with or near recently.

#### 2. Practice physical distancing by staying at least 6 feet from people outside of your household.

COVID-19 spreads mainly among people who are in close contact. A mild illness for one person could be life-threatening for someone else.

#### 3. Wash and sanitize your hands frequently.

Try not to touch your face, nose, mouth and eyes with unwashed hands. The routine practice of hand washing for at least 20 seconds, helps slow the spread of many viruses and illnesses.

### Contact Tracing Positions Available

The Kent County Health Department is looking for Contact Tracers.

- Contact tracing is the process of tracking down an individual who has had an infectious disease and the people that person has potentially been in contact with.
- It's a confidential process that has been used by health departments for years to help slow the spread of infectious diseases and avoid outbreaks.
- Contact tracing enables health departments to determine where there might be an increased risk of a COVID-19 outbreak. They give an early alert to people who may have been exposed so they can take precautions and not further spread the disease.



Click on the image to go to the job description and application.

If you know someone who may be interested in working as a contact tracer, have them take a look at the job description and to apply go to <https://maximhealthcare.com>. Make sure to tell Maxim Healthcare staff that they heard about the contact tracing position through the Kent County Health Department. For more information contact Zach Fowler or Amanda Pohl. Office Line: 616-222-5643. Amanda: [ampohl@maxhealth.com](mailto:ampohl@maxhealth.com). Zach: [zafowler@maxhealth.com](mailto:zafowler@maxhealth.com)