

To serve, protect, and promote a healthy community for all.

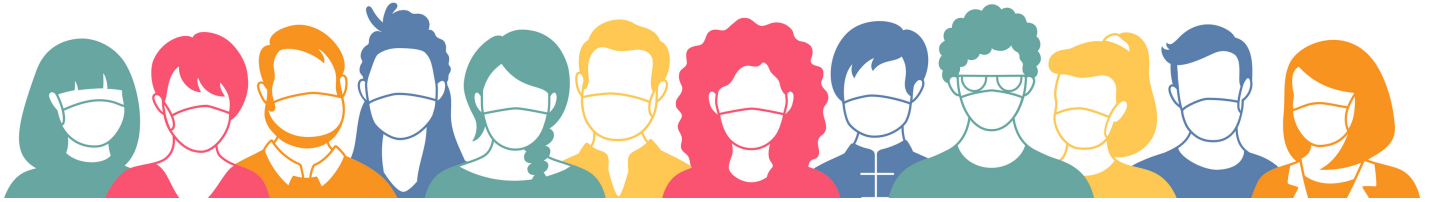


HEALTH
DEPARTMENT
Caring today for a healthy tomorrow

BULLETIN BITS

[HTTPS://WWW.ACCESSKENT.COM/HEALTH/CORONAVIRUS.HTM](https://www.accesskent.com/health/coronavirus.htm)
SEPTEMBER 13, 2020

TAKING CARE OF YOUR DAILY HEALTH DURING COVID



People are putting off going to the doctor or the emergency room for fear of COVID-19. It's important to make informed decisions about your health and get the medical care you need, even during a pandemic. During these times, it's especially important to pay attention to your health and keeping yourself healthy. This also includes keeping your kids' vaccinations up to date.

For important information regarding doctors visits please view video.

If you're unsure whether you should go to your doctor for a visit or procedure, give your doctor's office a call. The staff there can help you decide what's best for you. For more information, visit www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/doctor-visits-medicine.html



YOUR HEALTH MATTERS. YOUR VOICE MATTERS.

The Kent County Health Department, local health systems, and dozens of community partners are in the process of conducting the 2020 Kent County community health needs assessment (CHNA).

A significant part of the CHNA is hearing directly from the general public about the health-related challenges they face and what issues are most important to them. This information will serve as a foundation for determining the county's health priorities for the next three years. To ensure community members have a voice in this process, we are conducting a county-wide survey that is open to all who live, work, learn, and play in Kent County.

Community members who complete the survey can enter to win one of twenty \$50 Visa gift cards that will be randomly awarded after the survey has closed.



The survey takes about 15 minutes to complete and can be taken online here:
<https://bit.ly/kentcounty20>.