



Veteran's Outpatient Counseling Program

Month Reporting: May 2023

Number of Veteran's Served: 45 Veterans received attempted contacts during the month of May with 41 clients engaging in services this month.

Number of Assessments: 3 new clients were assessed for program services in May and are beginning to engage in services.

Referral Sources:

- This month the new referrals came from 63rd District Court and Veterans Court.
- Other sources for prior referrals include Arbor Circle, client recommendation, health care facilities, Kent County Veteran Services, MDOC, Self-Referrals, Sobriety Court, VA, VA in Wyoming, Vet Center, and Word of Mouth.

Number of Individual Sessions: 82 individual sessions were held in May.

Number of Group Sessions: 5 groups were held with 10 clients attending at least one group during May. Group sizes ranged from 5 to 7 people in a group.

Number of Family Sessions: 3 family sessions were held with three separate clients and their families. Two of the three clients participated in the family sessions.

Outcome Data: 29 BAMs (Brief Addiction Monitors) were completed this month with clients.

One client was successfully discharged from treatment this month. According to the BAM scores from initial to discharge:

Use: Client indicated a score of 0 use at initial and discharge (no use)

Risk Factors: Client decreased his risk score from 9 to 4 at discharge.

Protective Factors: Client improved his protective factor score from 8 to 16 at discharge.

Other Activities: Clients continue to engage in groups with participation holding steady over the last month. Acudetox is being offered with 1 client participating regularly.

Client Success Stories: Harold has experienced significant combat and interpersonal traumas that had left him angry and extremely defensive. He had a friend complete suicide last November, which exacerbated his anger. He had always hated Memorial Day and would close himself off in his house and avoid contacting his military friends. After spending many sessions working on his friend's death, he was able to go out with his family to the Memorial Day Parade. He also was able to reach out to another friend to check in and see how he was coping after their mutual friend's death.