

healthy basics



BlueHealthConnection[®]

24-hour
nurse line

Get your health questions answered

bcbsm.com



**Blue Cross
Blue Shield**
of Michigan

A nonprofit corporation and independent licensee
of the Blue Cross and Blue Shield Association

You never want to gamble with your health.

So, if you're unsure about a medical issue or treatment plan, call the BlueHealthConnection nurse line at **1-800-775-BLUE (2583)**.

Peace of mind: 24 hours a day

Registered nurses are available 24 hours a day, seven days a week. They'll help you determine your next steps — whether to call your doctor or head to the emergency room. In nonemergency situations, the nurse can talk with you about your treatment options.

Our goal is to help you make the most informed decisions about your health.

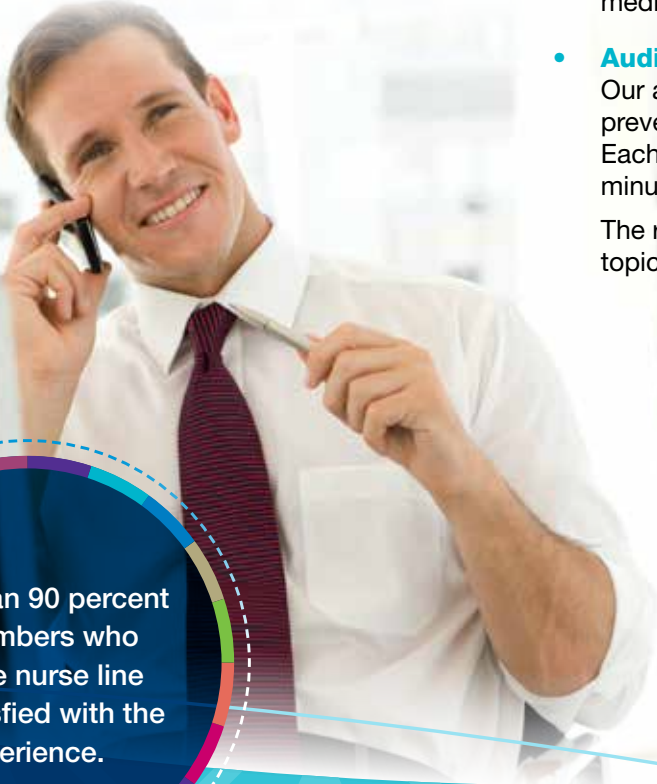
We're not just for emergencies

You don't have to wait for an emergency to call the nurse line. From a cold to a chronic condition, the nurses will support you through it all: understanding your health concern, getting more information and following through on treatment.

We offer assistance with the following:

- **Health information**
Our nurses are available to answer your health care questions, whether they're as simple as how to take an infant's temperature or as complex as learning about a surgical procedure.
- **Symptom management**
The nurses will review your symptoms to determine the appropriate level of care and medical follow-up needed.
- **Audio health library**
Our audio library covers topics about preventing and managing illnesses. Each audio presentation is two to five minutes long.

The registered nurse can suggest the topics appropriate for you.



More than 90 percent of members who call the nurse line are satisfied with the experience.

Have a health question or concern?

Call us day or night at
1-800-775-BLUE