

# Understanding Step Therapy



## WHAT IS STEP THERAPY?

To help keep your costs low, step therapy allows you to try an equally effective medication that is less expensive before using other drugs that cost more.

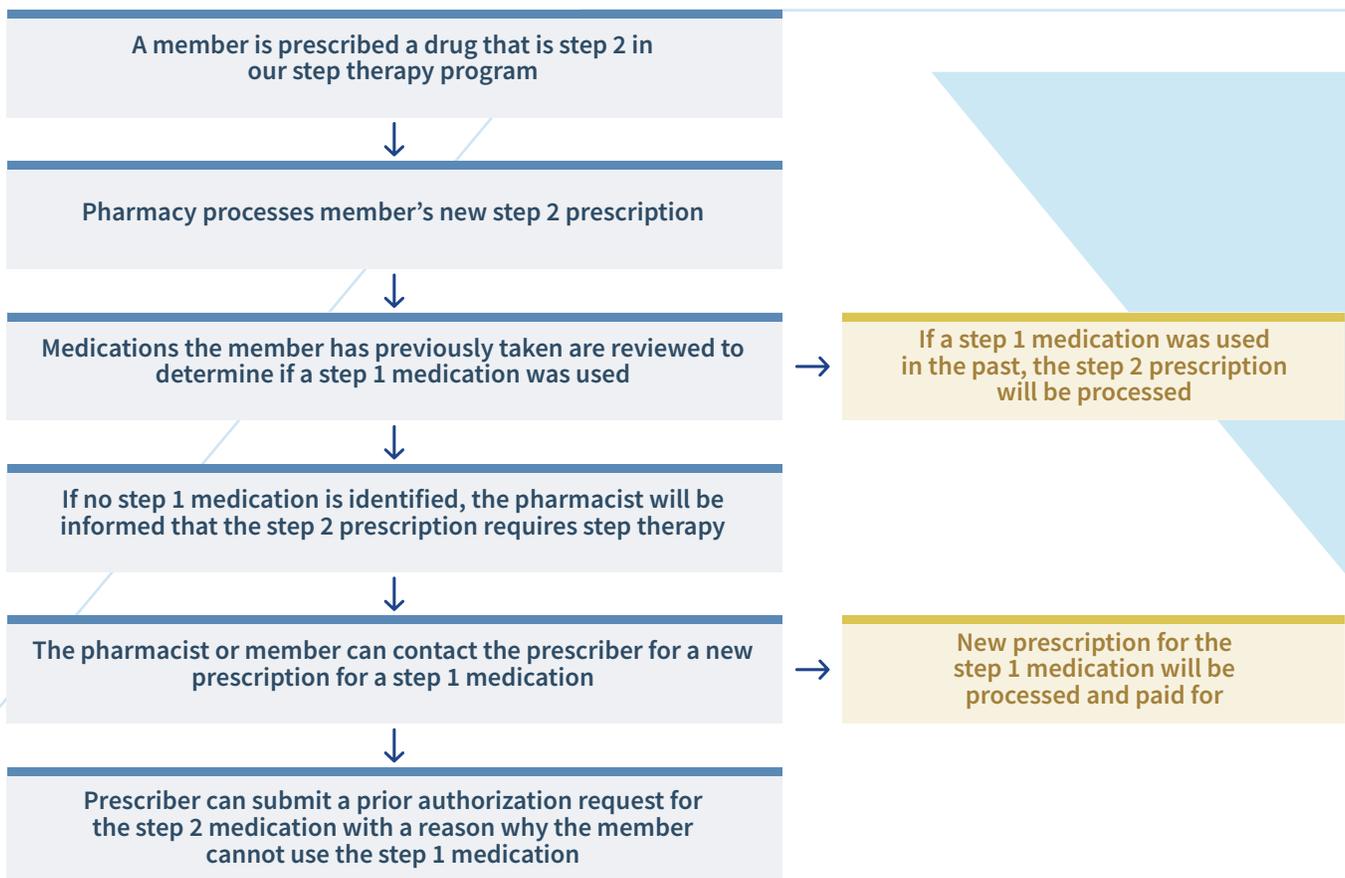
Step therapy makes sure you receive the safest, most effective, and affordable medication available. We know that a more expensive drug doesn't always mean a better treatment, so our team uses step therapy to ensure you receive the medication that works best for you at an appropriate price.

## HOW DOES IT WORK?

Medications included in our step therapy program fall into two categories:

**STEP 1 MEDICATIONS** – usually generic medications or low-cost brand medications. Generic medications have the same quality, strength, purity, and stability as brand medications at a fraction of the cost.

**STEP 2 MEDICATIONS** – brand medications that are typically more expensive than a step 1 medication.



For a list of medications that require a prior authorization, visit our member portal at [www.cap-rx.com/member-tools](http://www.cap-rx.com/member-tools).