



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, www.bcbsm.com. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at www.dol.gov/ebsa/healthreform or call 1-888-890-5754 to request a copy.

| Important Questions | Answers | Why This Matters: |
|---|--|---|
| What is the overall deductible ? | \$300 person / \$600 family for <u>preferred providers</u> . \$600 person/ \$1,200 family for <u>non-preferred providers</u> . Doesn't apply to office visits and preventive care. | Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> |
| Are there services covered before you meet your deductible ? | Yes. Preventive care and primary care services are covered before you meet your deductible . | This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ |
| Are there other deductibles for specific services? | No. | You don't have to meet specific <u>deductibles</u> for specific services. |
| What is the out-of-pocket limit for this plan ? | For <u>preferred providers</u> \$3,150 person/ \$6,300 family. For <u>non-preferred providers</u> \$6,300 person/ \$12,600 family. | The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this plan , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met. |
| What is not included in the out-of-pocket limit ? | Premiums, balance-billed charges and health care this plan doesn't cover. | Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> . |
| Will you pay less if you use a network provider ? | Yes. See www.bcbsm.com or call 1-888-890-5754 for a list of <u>network providers</u> | This plan uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's charge</u> and what your plan pays (<u>balance billing</u>). Be aware, your network provider might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services. |
| Do you need a referral to see a specialist ? | No. | You can see the <u>specialist</u> you choose without a <u>referral</u> . |

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

| Common Medical Event | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|---|--|--|--|--|
| | | Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | |
| If you visit a health care provider's office or clinic | Primary care visit to treat an injury or illness | \$25 copay/visit | 35% coinsurance after deductible | If you receive services, in addition to office visit, additional copays or deductibles may apply |
| | Specialist visit | \$25 copay/visit | 35% coinsurance after deductible | If you receive services, in addition to office visit, additional copays or deductibles may apply |
| | Preventive care/screening/immunization | No charge | 35% coinsurance after deductible | —————none————— |
| If you have a test | Diagnostic test (x-ray, blood work) | 15% coinsurance | 35% coinsurance | Covered at 100% in-network if related to a preventive exam. Deductible applies |
| | Imaging (CT/PET scans, MRIs) | 15% coinsurance | 35% coinsurance | Deductible applies |
| If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.optumrx.com | Generic drugs | Not covered | Not covered | See Prescription SBC |
| | Preferred brand drugs | Not covered | Not covered | See Prescription SBC |
| | Non-preferred brand drugs | Not covered | Not covered | See Prescription SBC |
| | Specialty drugs | Not covered | Not covered | See Prescription SBC |
| If you have outpatient surgery | Facility fee (e.g., ambulatory surgery center) | 15% coinsurance | 35% coinsurance | Deductible applies |
| | Physician/surgeon fees | 15% coinsurance | 35% coinsurance | Deductible applies |
| If you need immediate medical attention | Emergency room care | \$125 copay/visit | \$125 copay/visit | Copay waived if admitted |
| | Emergency medical transportation | 15% coinsurance | 15% coinsurance | Deductible applies |
| | Urgent care | \$40 copay | 35% coinsurance after deductible | If you receive services in addition to urgent care, deductible or coinsurance may apply |
| If you have a hospital stay | Facility fee (e.g., hospital room) | 15% coinsurance | 35% coinsurance | Deductible applies |
| | Physician/surgeon fees | 15% coinsurance | 35% coinsurance | Deductible applies |

[* For more information about limitations and exceptions, see the plan or policy document at [\[www.bcbsm.com\]](http://www.bcbsm.com).]

| Common Medical Event | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|---|---|--|--|--|
| | | Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | |
| If you need mental health, behavioral health, or substance abuse services | Outpatient services | 15% coinsurance | 35% coinsurance | Deductible applies |
| | Inpatient services | 15% coinsurance | 35% coinsurance | Deductible applies |
| If you are pregnant | Office visits | No charge | 35% coinsurance after deductible | Covered after \$25 copay for initial visit to determine pregnancy |
| | Childbirth/delivery professional services | 15% coinsurance | 35% coinsurance | Deductible applies |
| | Childbirth/delivery facility services | 15% coinsurance | 35% coinsurance | Deductible applies |
| If you need help recovering or have other special health needs | Home health care | 15% coinsurance | 35% coinsurance | Deductible applies. Unlimited visits |
| | Rehabilitation services | 15% coinsurance | 35% coinsurance | Limited to 60 combined visits per calendar year. Deductible applies. |
| | Habilitation services | Not covered | Not covered | —————none————— |
| | Skilled nursing care | 15% coinsurance | 35% coinsurance | Deductible applies. Limited to 120 days per member per calendar year |
| | Durable medical equipment | 15% coinsurance | 35% coinsurance | DME products subject to PPACA guidelines covered at 100% Deductible applies |
| | Hospice services | 15% coinsurance | 35% coinsurance | Deductible applies |
| If your child needs dental or eye care | Children's eye exam | Not covered | Not covered | —————none————— |
| | Children's glasses | Not covered | Not covered | —————none————— |
| | Children's dental check-up | Not covered | Not covered | —————none————— |

Excluded Services & Other Covered Services:

| Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services .) | | |
|---|--|--|
| <ul style="list-style-type: none"> Acupuncture Cosmetic surgery Dental care (Adult/child) | <ul style="list-style-type: none"> Habilitation services Hearing aids Infertility treatment | <ul style="list-style-type: none"> Long term care Prescription drugs (see Prescription SBC) Routine eye care (Adult) Routine foot care |

| Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.) | | |
|--|--|--|
| <ul style="list-style-type: none"> Bariatric surgery | <ul style="list-style-type: none"> Chiropractic care Emergency coverage provided outside the United States. See www.bcbsm.com | <ul style="list-style-type: none"> Private duty nursing Weight loss programs |

[* For more information about limitations and exceptions, see the plan or policy document at [\[www.bcbsm.com\]](http://www.bcbsm.com).]

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: BCBSM, P.O. Box 230555, Grand Rapids, MI 49523-0555 or 1-888-890-5754; Kent County, Attention: Plan Sponsor/Human Resources Department, 300 Monroe NW, Grand Rapids, MI 49503-2222. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have [Minimum Essential Coverage](#) for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

Language Access Services:

To get help reading in your language call the customer service number on the back of your ID card.

_____ *To see examples of how this plan might cover costs for a sample medical situation, see the next section.* _____

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$300
- [Specialist copayment](#) \$25
- Hospital (facility) [[cost sharing](#)] 15%
- Other [[cost sharing](#)] 15%

This EXAMPLE event includes services like:

- Specialist office visits (*prenatal care*)
- Childbirth/Delivery Professional Services
- Childbirth/Delivery Facility Services
- Diagnostic tests (*ultrasounds and blood work*)
- Specialist visit (*anesthesia*)

| | |
|---------------------------|-----------------|
| Total Example Cost | \$12,655 |
|---------------------------|-----------------|

In this example, Peg would pay:

| <i>Cost Sharing</i> | |
|-----------------------------------|----------------|
| Deductibles | \$300 |
| Copayments | \$110 |
| Coinsurance | \$1,501 |
| <i>What isn't covered</i> | |
| Limits or exclusions | \$60 |
| The total Peg would pay is | \$1,971 |

Managing Joe's type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$300
- [Specialist copayment](#) \$25
- Hospital (facility) [[cost sharing](#)] 15%
- Other [[cost sharing](#)] 15%

This EXAMPLE event includes services like:

- Primary care physician office visits (*including disease education*)
- Diagnostic tests (*blood work*)
- Prescription drugs
- Durable medical equipment (*glucose meter*)

| | |
|---------------------------|----------------|
| Total Example Cost | \$7,465 |
|---------------------------|----------------|

In this example, Joe would pay:

| <i>Cost Sharing</i> | |
|-----------------------------------|----------------|
| Deductibles | \$300 |
| Copayments | \$1,040 |
| Coinsurance | \$279 |
| <i>What isn't covered</i> | |
| Limits or exclusions | \$55 |
| The total Joe would pay is | \$1,675 |

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$300
- [Specialist](#) [[cost sharing](#)] \$25
- Hospital (facility) [[cost sharing](#)] 15%
- Other [[cost sharing](#)] 15%

This EXAMPLE event includes services like:

- Emergency room care (*including medical supplies*)
- Diagnostic test (*x-ray*)
- Durable medical equipment (*crutches*)
- Rehabilitation services (*physical therapy*)

| | |
|---------------------------|----------------|
| Total Example Cost | \$2,016 |
|---------------------------|----------------|

In this example, Mia would pay:

| <i>Cost Sharing</i> | |
|-----------------------------------|--------------|
| Deductibles | \$300 |
| Copayments | \$450 |
| Coinsurance | \$161 |
| <i>What isn't covered</i> | |
| Limits or exclusions | \$0 |
| The total Mia would pay is | \$911 |