

# Kent County Senior Millage

## 2009 SERVICES

**Adult Day Services:** Structured daytime program of social and rehabilitative services for functionally impaired seniors. Bathing and Personal Care services are provided to individuals attending the adult day services program at CareTree.

CareTree Adult Day Services 616-464-3665  
[www.gerontologynetwork.org/caretree.php](http://www.gerontologynetwork.org/caretree.php)

Side by Side Adult Day Services 616-235-2910  
[www.hopenetwork.org/affiliates/HNBHS.asp](http://www.hopenetwork.org/affiliates/HNBHS.asp)

**Care Management:** Comprehensive assessment for medically frail clients. Care management identifies client needs and arranges for supportive services that maintain quality of life and independence, as much as possible.

Area Agency on Aging of Western MI 616-456-5664  
888-456-5664  
[www.aaawm.org](http://www.aaawm.org)

HHS Health Options 616-956-9440  
[www.hhs-inc.com](http://www.hhs-inc.com) or 800-447-3007

**Congregate Meals:** Nutritious meals served in various locations around the county. Lunch is coordinated with a variety of activities such as exercise programs, cards, crafts, bingo, games, health screenings and nutrition education.

Salvation Army 616-454-1459 ext 1503  
[www.usc.salvationarmy.org/wmni](http://www.usc.salvationarmy.org/wmni)

Senior Meals Program 616-459-3111  
[www.seniormealsonwheels.org](http://www.seniormealsonwheels.org)

**Counseling:** Professional counseling services for older adults experiencing personal, social, or emotional (depression, anxiety, etc.) problems. Services are intended to be short term, focusing on adjustment to life events. For concerns associated with vision loss, ABVI services could be part of a peer support group environment.

Association for the Blind and Visually Impaired (ABVI)  
616-458-1187 800-466-8084  
[www.abvimichigan.org](http://www.abvimichigan.org)

Pine Rest Christian Mental Health Services  
616-364-1500  
[www.pinerest.org](http://www.pinerest.org)

**Dentures:** Provides complete or partial dentures for uninsured older adults. Several dental visits may be needed to prepare client's mouth (removing of teeth and gum preparation).

Cherry Street Health Services 616-235-7289  
[www.cherryhealth.com](http://www.cherryhealth.com)

**Emergency Need Fund:** Limited emergency assistance for one-time events such as utility shut-offs and emergency prescription assistance.

Senior Neighbors 616-459-6019  
[www.seniorneighbors.org](http://www.seniorneighbors.org)

**English as a Second Language Class:** English language instruction provided to older Spanish speaking adults to assist them in becoming independent members of the community.

ACSET – Latin American Services 616-336-4018  
[www.acset.org](http://www.acset.org)

Servicios Latino-Americanos 616-336-4018  
[www.acset.org](http://www.acset.org)

**Fair Housing Services:** Older adult education, outreach, counseling, reasonable accommodation assessments, testing and enforcement services related to Federal, State and Local Fair Housing Laws and Ordinances.

Fair Housing Center of West Michigan 616-451-2980  
[www.fhccwm.org](http://www.fhccwm.org)

### Flu/Pneumonia Shots:

Flu and pneumonia vaccines will be available October-December 2009 through the Kent County Senior Millage for older adults age 60 to 64 who do not qualify for Medicare or Medicaid funded vaccinations.

Angel Care 616-245-8899  
<http://angelcarehomecare.com>

Catherine's Care Center 616-336-8800  
<http://catherinescare.org>

**Foreclosure Intervention Counseling:** Home foreclosure counseling and intervention services. This process includes a full assessment of the mortgage delinquency and options available to the homeowner to prevent the loss of their home.

*Home Repair Services* 616-241-2601  
[www.homerepairservices.org](http://www.homerepairservices.org)

**Friendly Visitor:** Companionship provided for short intervals to homebound or isolated older adults. Volunteers are trained to provide visits for social needs of the participant.

*Spectrum Health Visiting Nurse Association*  
616-486-3900  
[www.vnaa.org](http://www.vnaa.org)

**Guardianship:** Professional guardians appointed by the Kent County courts to persons who cannot handle their own finances or make other decisions and do not have family or others to assist them.

*Kent County Dept of Human Services* 616-247-6184  
[www.michigan.gov/dhs](http://www.michigan.gov/dhs)

**Health Education:** Basic education services to increase knowledge and skills of older individuals or enhance their quality of life. Programs include exercise classes for persons with chronic health problems, matter of balance classes, EnhanceFitness classes, and support for caregivers. Personal Action Toward Health (PATH), is a workshop to learn how to take control of your health. You will learn 5 things that will make your life better everyday.

*ACSET – Latin American Services* 616-336-4018  
[www.acset.org](http://www.acset.org)

*GRCC Older Learner Center* 616-234-3483  
[www.grcc.edu/olc](http://www.grcc.edu/olc)

*Senior Neighbors* 616-459-6019  
[www.seniorneighbors.org](http://www.seniorneighbors.org)

*Servicios Latino-Americanos* 616-336-4018  
[www.acset.org](http://www.acset.org)

*United Methodist Community House* 616-241-1645  
[www.umchousegr.org](http://www.umchousegr.org)

**Hearing Services/Adaptive Equipment:** Specialized Hearing Services for those who are hard of hearing, experiencing deafness in later years, and deaf persons. The services include: hearing loss rehabilitation for activities of daily living, group education on adjustment to hearing loss, and lip reading classes. Assistance is provided in finding devices, equipment and other resources to adjust to hearing loss. A limited number of hearing aids are also available for those most in need.

*Deaf and Hard of Hearing Services* 616-732-7358  
[www.deafhhs.org](http://www.deafhhs.org)

**Home Assessment and Equipment for Adaptive Needs:** Assessment of home environment to identify barriers to independent living. Recommendations will be developed for home modifications, including ramp construction in conjunction with Home Repair Services. Limited funding is also available for adaptive equipment purchase.

*Disability Advocates of Kent County* 616-949-1100  
[www.dakc.us](http://www.dakc.us)

**Home Chore:** Assistance for seniors who do not have the ability or resources to complete minor home repairs and other jobs: includes repairing windows, minor yard work, replacing fuses and door locks.

*Senior Neighbors* 616-459-6019  
[www.seniorneighbors.org](http://www.seniorneighbors.org)

**Home Delivered Meals:** Nutritious meals provided to homebound individuals who cannot prepare their own meals. A variety of meals are available including hearty meals, lighter lunches, liquid meals, and pureed meals for example. An educational newsletter is provided monthly.

*Senior Meals Program* 616-459-3111  
[www.seniormealsonwheels.org](http://www.seniormealsonwheels.org)

**Home Financial Services:** Supporting seniors in maintaining their independence with good financial information and options. The service addresses increasingly complex financial issues faced by seniors today.

*Senior Neighbors* 616-459-6019  
[www.seniorneighbors.org](http://www.seniorneighbors.org)

**Home Repair:** Providing minor home repairs, as well as major repairs, such as roof replacement, furnace replacement and ramp construction for wheelchair access. Home modifications related to disability restrictions will first be assessed by Disability Advocates of Kent County. Consultations are also provided to other organizations/individuals.

*Home Repair Services* 616-241-2601  
[www.homerepairservices.org](http://www.homerepairservices.org)

**Homemaker:** Provides routine household tasks for older individuals with functional limitations.

*Area Agency on Aging of Western MI* 616-456-5664  
[www.aaawm.org](http://www.aaawm.org) 888-456-5664

*HHS Health Options* 616-956-9440  
[www.hhs-inc.com](http://www.hhs-inc.com) 800-447-3007

**Independent Living Program:** Assessment, education and recommendations provided by an occupational therapist to determine and implement ways to increase functional independence. This service is provided for individuals and also through group education presentations.

*Easter Seals* 616-942-2081  
[mi.easterseals.com](http://mi.easterseals.com) 800-292-2729

**Information and Assistance:** General information and referral provided through Heart of West Michigan United Way's 211 Hotline (formerly "First Call for Help"). There is a shared database and web site of health and social service resources. A list service helps fulfill the unique and special requests between agencies.

*Heart of West Michigan United Way* 616-459-2255  
[www.211.org](http://www.211.org) (In Kent County simply dial 2-1-1)

**Legal Assistance:** Provision of legal advice, counseling, and representation by an attorney to low-income older adults.

*Legal Aid of Western Michigan* 616-774-0672  
[www.legalaidwestmich.org](http://www.legalaidwestmich.org) 800-442-2777

*Legal Hotline for Michigan Seniors* 800-347-5297  
<http://www.elderslaw.org/Hotline/yourhelp.htm>

**Literacy Competency:** Assisting older learners with reading skills and writing ability. This program will help increase your skills--All reading levels are encouraged to participate."

*United Methodist Community House* 616-241-1645  
[www.umchousegr.org](http://www.umchousegr.org)

**Long Term Care Ombudsman:** Assists residents and prospective residents of long-term care facilities in understanding their rights and resolving complaints to improve care.

*Citizens for Better Care* 616-245-9451  
[www.cbcmi.org](http://www.cbcmi.org) 800-782-2918

**Medication Management:** Managing your medications can be difficult, confusing, and extremely important to your health. The medication management program is available to ensure your medication is appropriate and your regime is followed.

*Elders' Helpers* 616-454-8305  
[www.eldershelpers.org](http://www.eldershelpers.org)

**Outreach and Assistance:** Help to identify the services that best meet your needs. Includes assistance with housing, utilities, meals, prescriptions and Medicaid.

*ACSET – Latin American Services* 616-336-4018  
[www.acset.org](http://www.acset.org)

*Gerontology Network* 616-456-6135  
[www.gerontologynetwork.org](http://www.gerontologynetwork.org)

*Native American Family Services* 616-451-6767

*Senior Neighbors* 616-459-6019  
[www.seniornighbors.org](http://www.seniornighbors.org)

*Servicios Latino-Americanos* 616-336-4018  
[www.acset.org](http://www.acset.org)

*United Methodist Community House* 616-241-1645  
[www.umchousegr.org](http://www.umchousegr.org)

**Personal Care:** Provides assistance with activities of daily living; primarily personal grooming care and bathing assistance.

*Area Agency on Aging of Western MI* 616-456-5664  
[www.aaawm.org](http://www.aaawm.org) 888-456-5664

*HHS Health Options* 616-956-9440  
[www.hhs-inc.com](http://www.hhs-inc.com) or 800-447-3007

**Personal Emergency Response System:**

Provides clients with an electronic system that assures communication and, when necessary, emergency assistance.

*Gerontology Network* 616-456-6135  
[www.gerontologynetwork.org](http://www.gerontologynetwork.org)

**Respite:** Provides companionship or assistance with activities of daily living for mentally or physically disabled and frail elderly persons in the absence of the primary care giver.

*Area Agency on Aging of Western MI* 616-456-5664  
[www.aaawm.org](http://www.aaawm.org) 1-888-456-5664

*HHS Health Options* 616-956-9440  
[www.hhs-inc.com](http://www.hhs-inc.com) 800-447-3007

**Retired Senior Volunteer Program (RSVP):**

Provides seniors an opportunity to volunteer their time and serve the community, as well as to maintain their skills and feelings of usefulness.

*Senior Neighbors* 616-459-9509  
[www.seniorneighbors.org](http://www.seniorneighbors.org)

**Senior Center Activities**

Senior Centers offer a variety of programs specific to the needs of seniors. Staff connect older adults to available services, help identify unmet needs and encourage participation in nutrition and wellness programs. Please call for specific programs/times.

*Baxter Community Center* 616-456-8593  
[www.baxtercommunitycenter.org](http://www.baxtercommunitycenter.org)

*Senior Neighbors* 616-459-9509  
[www.seniorneighbors.org](http://www.seniorneighbors.org)

*Walker Firehouse Café* 616-735-3540  
 Email: [walkercenter@seniorneighbors.org](mailto:walkercenter@seniorneighbors.org)

*Grandville Senior Neighbors* 616-531-5250  
 Email: [grandvillecenter@seniorneighbors.org](mailto:grandvillecenter@seniorneighbors.org)

*Lowell Senior Neighbors* 616-897-5949  
 Email: [lowellcenter@seniorneighbors.org](mailto:lowellcenter@seniorneighbors.org)

*Downtown Senior Neighbors* 616-459-3040  
 Email: [downtowncenter@seniorneighbors.org](mailto:downtowncenter@seniorneighbors.org)

*Sparta Senior Neighbors* 616-887-1273  
 Email: [spartacenter@seniorneighbors.org](mailto:spartacenter@seniorneighbors.org)

**Senior Companion Program:** Trains and provides a stipend for low-income seniors to care for other older adults who are homebound, frail or with mental and/or physical disabilities.

*Gerontology Network* 616-456-6135  
[www.gerontologynetwork.org](http://www.gerontologynetwork.org)

**Senior Medication Assistance Program:**

Information and assistance obtaining prescription coverage. A thorough assessment will be conducted with all clients referred for services in order to determine the prescription program that can best meet their needs, including government-sponsored programs such as Medicare, Medicaid or Veteran's Benefits. Kent Health Plan – Medication Assistance Program will be available to low-income individuals, age 60-64 years who are not eligible for other programs.

*Senior Neighbors* 616-459-6019  
[www.seniorneighbors.org](http://www.seniorneighbors.org)

**Senior Pantry:** A nutritious combination of foods, providing several meals that are selected by an individual from a "Pantry Shelf". Pantry foods can also be delivered to homebound individuals. Nutrition education is also provided regularly.

*Senior Meals Program* 616-459-3111  
[www.seniormealsonwheels.org](http://www.seniormealsonwheels.org)

**Senior Project Fresh:** Coupons for low income older adults to purchase Michigan grown fresh fruits and vegetables which may be redeemed at participating farmer's markets. Nutrition education is provided regularly. This program operates during the growing season. (June thru September)

*Senior Meals Program* 616-459-3111  
[www.seniormealsonwheels.org](http://www.seniormealsonwheels.org)

**Stepping Stones - In-Home Recreation**

**Therapy Program:** Assessment, therapy and education provided to treat physical, social, cognitive and emotional conditions of homebound persons, in order to assist them in returning to a more active role in the community.

*City of Wyoming* 616-530-3190  
[www.ci.wyoming.mi.us](http://www.ci.wyoming.mi.us) (Referrals 616-257-9801)

**Telephone Reassurance:** Provides regular contact with homebound clients to assure they are safe. Volunteers are trained to provide this companionship by telephone.

Senior Neighbors 616-459-6019  
[www.seniorneighbors.org](http://www.seniorneighbors.org)

**Transportation-Assisted:** Providing an assisted or escorted ride to adult day service programs, meal programs, senior centers, medical appointments and other services as time allows. Transportation is provided by a variety of agencies. Access rides by calling the provider directly or Ridelink.

ACSET – Latin American Services 616-336-4018  
[www.acset.org](http://www.acset.org)

American Red Cross - Greater GR 616-456-8661  
<http://greatergrandrapids.redcross.org> 800-482-2411

Hope Network Transportation 616-301-8000  
transporting Adult Day Services clients  
[www.hopenetwork.org](http://www.hopenetwork.org)

Native American Family Services 616-451-6767

RideLink 866-425-3848

Senior Neighbors 616-459-6019  
[www.seniorneighbors.org](http://www.seniorneighbors.org)

United Methodist Community House 616-241-1645  
[www.umchousegr.org](http://www.umchousegr.org)

**Transportation-Public:** One-way ticket(s) for the line-haul regular bus system or Go-Bus system.

Senior Neighbors 616-459-6019  
[www.seniorneighbors.org](http://www.seniorneighbors.org)

**Vision Services - Clinic:** The clinic's team of professional staff including optometrist, rehabilitation teachers, and low vision specialists provide comprehensive eye exams and develop a personalized treatment plan designed to help clients maximize the use of their remaining sight.

Association for the Blind and Visually Impaired  
616-458-1187  
[www.abvimichigan.org](http://www.abvimichigan.org) 800-466-8084

Cherry Street Health Services 616-235-7272  
[www.cherryhealth.com](http://www.cherryhealth.com)

**Weatherization:** Provides home owners with assistance that includes insulation and furnace repair or replacement.

ACSET 616-336-4023  
[www.acset.org](http://www.acset.org)

Servicios Latino-Americanos 616-336-4018  
[www.acset.org](http://www.acset.org)

Area Agency on Aging of Western Michigan administers the Kent County Senior Millage.

Phone: 616.456.5664 888-456-5664  
Fax: 616.456.5692 [www.aaawm.org](http://www.aaawm.org)



*The purpose of the Area Agency on Aging of Western Michigan is to provide older persons, including those in the greatest social and economic need, with an array of human services designed to maintain independence and dignity in their homes and communities.*

*The Source for Seniors*

*Kent County  
Senior Millage*